

A CHILD'S BEST DEFENSE IS BEING PREPARED

- · Teaches children about strangers & dangerous situations
- · Builds awareness, confidence & self esteem
- · Develops focus & leadership skills
- Teaches martial arts in a simple & easy to learn format
- Specializes in teaching children ages 4 14
- Offers year-round program with belt progression through black belt
- Parents can participate with their child through our Parent-Helper Program
- Our Program Director is a former police officer, bringing years of public safety training to the core of this program
- Over 30 yrs experience specializing in children's programs
- Offered at over 15 community park district locations



THERE ARE MANY MARTIAL ARTS
PROGRAMS, BUT ONLY ONE
KID'S KARATE CLUB &
SAFETY TIME PROGRAM!

REGISTRATION/CLASS LOCATION:

Glendale Heights Sports Hub 250 Civic Center Plz, Glendale Hts

Or Register online at:

www.ghprf.com

Classes fill quickly! REGISTER NOW!

Classes: Wednesdays @ 6pm

8/21/19 - 10/9/19 / \$50 / Ages 4 & up

NEW STUDENTS: BRING FLYER TO CLASS & RECEIVE

A FREE HEADBAND WITH UNIFORM PURCHASE

This program is not affiliated with the school district